

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

C O U R S E O U T L I N E

Course Title: EMOTIONAL DEVELOPMENT
Code No.: ED 306-2
Program: INFANT/TODDLER CARE AND EDUCATION
Semester: FIRST
Date: FALL 1984
Author: JUANITA WOOD-ARBUS

New: _____ Revision: X

APPROVED: *N Koch*
Chairperson

Date: *Aug. 29 '84*

COURSE NAME: Emotional Development - 6 weeks

COURSE NUMBER: ED 306-2

INSTRUCTOR: Juanita Wood-Arbus

DATE: September 1984

COURSE GOALS: The purpose of this course is to help students develop a greater understanding of social and emotional growth in infants and toddlers.

COURSE DESCRIPTION: This course will look at the evolution of the infant from dependency to self-effort. It will examine the following topics:

- the psychological/emotional importance of physical needs and their satisfaction;
- infant learning in primary routines of eating, sleeping, and eliminating;
- infant feedings: pleasures, fears and frustrations;
- adult response to infant needs and emotions;
- learning and development of emotional expression and control;
- the development of trust and self-concept;
- early modes of self-realization.

COURSE OBJECTIVES: Through lectures, class discussions, and written observations, students will develop an understanding of the social and emotional growth of infants and toddlers. As a result, students will acquire competencies in facilitating such growth in infants and toddlers.

METHODOLOGY: Objectives will be reached by means of participation in lectures, class discussions and class presentations. In addition, readings from the text and handouts may be assigned.

- TEXTS:
1. "Knowing and Enjoying Your Baby",
Sroufe, A., N.J.: Prentice-Hall, Englewood Cliffs, 1977.
 2. "Touching: The Human Significance of the Skin",
Montague A., New York: Columbia University Press, 1971.

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SYLLABUS:

- Class I:
- A - Course Overview
 - B - 1. Introduction
 - 2. The Nature of Development
 - C - The Mind of the Skin
 - D - The Womb of Time

Assignment: 1. Montague pp. 1 - 80
 Sroufe pp. 3 - 94

2. Students will each choose a chapter or chapters from one of the texts to summarize and explain to classmates. If possible, related or additional material should be combined from other sources. Consultation with the instructor on the topics to be discussed will result in clarifications, additional information or sources of related material.

Students will choose one of the following:

- Class II:
- 1 - Breastfeeding - Montague, pp. 64 - 80
 - Tender Loving Care - Montague, pp. 81 - 160
 - (2 students)
 - 2 - Smiling: The Infant Engages its world - Sroufe, pp. 27 - 40
 - 3 - Infant Laughter & Relationship between Emotional and Cognitive Growth, Sroufe, pp. 42 - 61
- Class III:
- 3 - Joy, Fear and the Unfamiliar - Sroufe, pp. 62 - 76
 - 4 - The Infant at Play, Sroufe, pp. 78 - 93
 - 1 - Skin and Sex, Montague, pp. 161 - 182
 - 2 - Culture and Contact, Montague, pp. 220 - 292
 - (2 students)
- Class IV:
- 1 - Growth & Development, Montague, pp. 183 - 219
 - 2 - An Overview of Development in the First Year & Beginning of Emotions, Sroufe, pp. 97 - 139
 - 3 - Emergence of the Autonomous Self, Sroufe, pp. 141 - 153
 - 4 - Roots of Personality, Sroufe, pp. 155 - 192

Final ~~presentation~~ 60%

Presentations should be 30 minutes in length and may be extended to 40 minutes if the student wishes to use a ten-minute audio-visual presentation (i.e. film, overhead projections, cassette, or guest speaker).

/sdd
August 1984